



SAN ANTONIO
REGIONAL HOSPITAL



FOR IMMEDIATE RELEASE

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San Antonio Regional Hospital Receives the 2022 Women's Choice Award® as one of America's Best Hospitals for Orthopedics

Upland, CA, March 16, 2022 – San Antonio Regional Hospital has been named one of America's Best Hospitals for Orthopedics by the [Women's Choice Award®](#), America's trusted referral source for the best in healthcare. The award signifies that San Antonio Regional Hospital is in the **top 7%** of 4,728 U.S. hospitals offering orthopedics services.

There are clear gender differences in musculoskeletal disease. Structural anatomy differences, hormones, and genetics are factors in optimizing care for male vs. female orthopedic patients. Because women have higher rates of arthritis than men, some 60% of joint replacement surgeries are performed on women.

In a national survey conducted by the Women's Choice Award, female orthopedic patients identified the following key priorities when choosing a hospital for orthopedics:

- Single source for orthopedic services
- Solid patient safety record
- High recommendation ratings

“Women have different orthopedic needs, particularly as they grow older and become more at risk for osteoporosis and fractures. They are also staying active much longer,” said Delia Passi, founder and CEO of the Women's Choice Award. “Being treated with the proper level of care impacts one's health, well-being, and healing, so it is critical for women to know those hospitals that have demonstrated the highest level of quality care for their patients, with a special focus

on the needs and preferences of women. We are the only award that recognizes a hospital's ability to meet women's distinctive needs."

The methodology used to select San Antonio Regional Hospital as one of America's Best Hospitals for Orthopedics is unique in that it evaluates Hospital Consumer Assessment of Healthcare Providers and Systems ([HCAHPS](#)) [survey results](#) along with primary research about women's healthcare preferences. Award recipients are also measured on their incidence of surgical complications and infections, including:

- A wound that splits open after surgery
- Accidental cuts and tears
- Deaths from serious treatable complications
- Rate of complications for knee or hip replacement patients
- Catheter associated urinary tract infections (CAUTI)
- Methicillin-resistant Staphylococcus Aureu (MRSA) infections

A hospital must have arthroscopy, joint replacement and spine surgery orthopedic services available to patients, onsite physical therapy, and an MRI in order to qualify for the award. It is the only award recognizing excellence in orthopedics based on robust criteria that consider patient satisfaction and clinical excellence.

San Antonio Regional Hospital is one of 342 award recipients representing the hospitals that have met the highest standards for orthopedics care in the U.S. by the Women's Choice Award.

"Our Orthopedic Institute surgeons, physical therapists, and specially trained nursing care teams strive to provide our orthopedic patients with the best possible outcome so they can get back to living a full life as soon as possible," stated John Chapman, President and CEO of San Antonio Regional Hospital. "Our team is very deserving of this *"Best Hospitals for Orthopedic Care"* designation from Women's Choice.

For more information on the America's Best Hospitals for Orthopedics, please visit <https://womenschoiceaward.com/best-hospitals-orthopedics>

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ABOUT SAN ANTONIO REGIONAL HOSPITAL

San Antonio Regional Hospital in Upland, California is a 363-bed, nonprofit, acute care hospital that combines excellent clinical care with exceptional compassion. The award-winning hospital offers a comprehensive range of general medical and surgical services, along with the latest technological advances in cardiac care, cancer care, orthopedics, neurosciences, women's health, maternity and neonatal care, and emergency services. Founded in 1907, with only 18 beds and 5 physicians, San Antonio Regional Hospital is continually growing with its community and is now recognized as a premier regional medical facility with satellite locations across the rapidly expanding Inland Empire. Given its broad

geographic reach and the depth and breadth of its services and programs, supported by the latest medical science and technology, San Antonio is a hospital of the future, offering state-of-the-art healthcare services in a healing environment focused on the patient and family. To learn more, visit sarh.org.

ABOUT THE WOMEN'S CHOICE AWARD®

The Women's Choice Award for Best Hospitals™ is a trusted referral source and coveted credential that identifies the nation's best hospitals based on robust criteria that includes relevant clinical performance, patient satisfaction and appropriate accreditations. The Best Hospitals demonstrate exceptional ratings, providing the highest level of care and commitment to their patients' health and well-being. The Women's Choice Award is the only designation that takes into consideration the preferences of women when selecting a hospital. Visit <http://www.womenschoiceaward.com/> to learn more.

The information contained in this release is not permitted to be used in a non-press related context without the express prior written consent of the Women's Choice Award.