

SAN ANTONIO REGIONAL HOSPITAL

COMMUNITY BENEFIT PRIORITIES 2020-2022

PREVENTION AND WELLNESS Menton KNOW YOUR NUMBERS PROGRAM Menton WHEALTH PROGRAM Menton Image: Comparison of the second second



CHIP EXPANSION

ACCESS TO HEALTHCARE

KNOW YOUR NUMBERS PROGRAM

BEHAVIORAL HEALTH

MENTAL HEALTH FIRST AID WHEALTH PROGRAM



SAN ANTONIO REGIONAL HOSPITAL

COMMUNITY BENEFIT IMPLEMENTATION STRATEGY 2020-2022

BEHAVIORAL HEALTH

Support local and regional mental health policy change and educational awareness initatiaives



- Expand mental resiliency across adolescent populations through the wHealth (wellness + Healthcare) program
- Increase knowledge of coping skills through the support of mental health first aid certifications to develop additional community mental health resources

CHRONIC DISEASE MANAGEMENT

Improve the health status of an at-risk population



- Utilize the Community Health Improvement Program (CHIP) to enroll at-risk populations in order to reduce the number of unnecessary emergency department visits
- Screening frequent Emergency Department visitors and providing personalized health coaching

ACCESS TO HEALTHCARE

Increased access to health education and preventative services



- Utilize Clinical Community Health Worker Model to educate community members about screenings to promote early detection of cancer and other chronic diseases
- Increase educational opportunities in English and Spanish

PREVENTION AND WELLNESS

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• Know Your Numbers program will provide health education and biometric screenings in community health hubs to serve low income, uninsured, or underserved populations

Improve the health and well-being of community residents

 Expand the wHealth program to increase the promotion of health careers through career days, mentors, and education