



Do it for you.



Stop by and take a tour.  
7 day guest membership available.

### Join the Scheu Family YMCA in Upland

Great discounts available for San Antonio Regional Hospital employees, volunteers, physicians, and their families.

## San Antonio Membership Rates for 2023

*(with no joining fees)*

- ▶ **Adult Memberships** (24 years old and up): **\$34.00**
- ▶ **Youth Memberships** (12 - 23 years old): **\$26.00**
- ▶ **Family Memberships** (All adults & children in household): **\$56.00**

(The YMCA believes that all are welcome and offer assistance for those with financial hardship as resources are available. Ask the YMCA staff about the **OPEN DOORS** program and how to apply.)

#### To sign up:

#### Visit the Upland YMCA

(Present your San Antonio badge)

**1150 E. Foothill Blvd  
Upland, CA**

**(909) 946-6120**

[weymca.org/upland](http://weymca.org/upland)

**Hours:** M-F 530am-1030pm  
Sat 7am-5pm  
Sun 7am-4pm

#### Memberships include full access to the facility including:

- **Heated outdoor pools (2)**
- **Exercise gym** (*machines & free weights*)
- **Fitness classes** (*Yoga, spin, Zumba, boot camp, water aerobics, and much more*)
- **Soccer field**
- **Basketball courts** (*indoor & outdoor*)
- **Locker room**
- **Showers**



**SAN ANTONIO REGIONAL HOSPITAL**

**4URHEALTH 909.920.4874**