

Employee Assistance Program (EAP)

FREE to Care Team Members and Their Families

Services provided by:

PROFESSIONAL RESOURCES

24 hours/day, 365 days/year

Call: 1.800.266.0510

Text: 1.949.668.3030

Email: eap@pro-resources.org

Professional ~ Confidential ~ Experienced

We all experience challenges, difficulties, and obstacles in our lives at some time or another. EAP is available 24/7 to offer guidance, support, referrals, and counseling at no cost to you.

They can assist you with the many of life's problems including:

**Financial/Legal Concerns - Marital/Relationship Issues - Substance Abuse - Parenting Needs
Domestic Violence - Stress/Anxiety/Depression - Mental Health - Anxiety/Depression**

**[CLICK HERE](#) or
scan QR Code
to view the EAP Brochure
for more detailed information.**



**SAN ANTONIO
REGIONAL HOSPITAL**

**Meet Sam Vickery, PhD
from Professional Resources
and learn more about EAP
in this brief 3 minute video.
[CLICK HERE](#) or scan QR Code.**

