

Conscious Sedation

1. Levels of sedation:

- **Minimal Sedation:** a drug-induced state during which patients responds normally to verbal commands. Although cognitive function and coordination may be impaired, ventilatory and cardiovascular functions are unaffected.
- **Moderate Sedation/Analgesia:** A drug-induced depression of consciousness during which patients respond purposefully to verbal commands (reflex withdrawal from a painful stimulus is not considered a purposeful response) either alone or accompanied by light tactile stimulation.
- **Deep Sedation/Analgesia:** A drug-induced depression of consciousness during which the patient cannot be easily aroused, but respond purposefully following repeated or painful stimulation.
- **Anesthesia:** Consists of general anesthesia and spinal or major regional anesthesia. It does not include local anesthesia. General anesthesia is a drug-induced loss of consciousness during which patients are not arousable, even by painful stimulation.

2. Gather:

- Pre/Post Anesthesia/Sedation Evaluation (yellow form)
- Medications ordered by MD
- Suction in room

3. Monitor/Documentation:

- Yellow form to be filled out by MD
- Procedure start and end time
- Monitor BP, Pulse, respirations, EKG, oxygen saturation, pain level, and sedation level
- Document Modified Aldrete score and total
 - i. Q 15 minutes until patient return to normal state.
 - ii. Document in I-View or Ad Hoc -> Treatments/Procedures -> Adult Moderate Sedation -> Modified Aldrete Score.
- Document all medications given: pre, intra, and post procedural
- Refer to Anesthesia/Sedation policy page 6 & 7