



**SAN ANTONIO**  
REGIONAL HOSPITAL

# Nutrition Counseling\*

With a Registered Dietitian

Nutrition is important for our bodies to work well, to repair itself, and to handle everyday life. By meeting with a Registered Dietitian you can get information about:

- Healthy lifestyle management
- General Nutrition
- Weight loss
- Cholesterol
- Diabetes
- High Blood Pressure
- Feeding Issues in Children
- Other medical conditions related to nutrition

*\*\$50 fee applies for a one hour consultation*

For more information or to schedule an appointment,  
call 909.985.2811 Ext. 24429