

Chaplain's Corner



The vast majority of clinicians and employees whom I have encountered at San Antonio Regional Hospital are here to serve out of their huge hearts of compassion. While walking the halls of this institution you will be greeted by manifold smiles, niceties and perhaps assistance in locating your destination if you get lost. Every day I get the pleasure of watching environmental services employees smile and greet our guests as well as other staff, nurses and other clinicians compassionately tending to the needs of patients and their family members and the various teams interacting like well-oiled machines to provide the best outcomes possible. It makes me proud and humbled to be a part of the team at San Antonio Regional Hospital.

To all of the staff who wake every morning and come to serve in this hospital with grateful and compassionate hearts, for those within our walls who desire to make a difference in peoples' lives, to those who work tirelessly, day by day with little or no recognition by those they serve, I want to say thank you. Regardless of your role in the hospital, you are an important part of this team. Thank you for your service, thank you for your dedication and thank you for making a difference. In closing, I would like to leave you all with the following blessing inspired by St Francis of Assisi.

Make Me an Instrument of Your Healing

Inspired by and adapted from the Prayer of Saint Francis

Lord, make me an instrument of your healing; where there is disappointment in a test or procedure, make me into a comfort; where there is confusion at a diagnosis or treatment, make me into clarity;

where there is illness of any kind, make me into care and comfort; where there is anguish in death, make me into hope; where there is joy in new life, let me be a multiplier of that joy;

O Great Physician, grant that I may not so much seek to be served as to serve to be praised as to praise to be loved as to love. For it is in giving that we receive, it is in healing that we are healed, and it is in dying that we are born to eternal life.

Amen

I consider it a privilege to serve the patients, families, and staff at San Antonio Regional Hospital. I am there to provide a supportive presence during what can often be the darkest hours of their lives. I encourage anyone, irrespective of their spiritual or religious affiliation, or lack thereof, who needs additional support while in our hospital to reach out to the Spiritual Care Department. **You can contact a chaplain by dialing "26326" from any hospital phone or making a request through your nurse.**

We look forward to serving you.

Blessings,

Rev. Alexander J. Aaron, M.Div, BCC

Staff Chaplain

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[Prayer of Saint Francis](#) by The Catholic Health Association of the United States



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