



SAN ANTONIO
REGIONAL HOSPITAL

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FOR IMMEDIATE RELEASE

**San Antonio Regional Hospital is Nationally Recognized for its Commitment to
Providing High-Quality Stroke Care**

Hospital receives The American Heart Association’s Get With the Guidelines – Stroke Gold Plus award for proven dedication to ensuring all stroke patients have access to best practices and life-saving care

Upland, CA (July 6, 2023) San Antonio Regional Hospital has earned the American Heart Association’s *Get With The Guidelines® Stroke – Gold Plus* quality achievement award for its commitment to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines, ultimately leading to more lives saved and reduced disability.

Stroke is the No. 5 cause of death and a leading cause of disability in the U.S. A stroke occurs when a blood vessel that carries oxygen and nutrients to the brain is either blocked by a clot or bursts. When that happens, part of the brain cannot get the blood and oxygen it needs, so brain cells die. Early stroke detection and treatment are key to improving survival, minimizing disability and accelerating recovery times.

Get With The Guidelines puts the expertise of the American Heart Association and American Stroke Association to work for hospitals nationwide, helping ensure patient care is aligned with the latest evidence- and research-based guidelines. [Get With The Guidelines - Stroke](#) is an in-hospital program for improving stroke care by promoting consistent adherence to these guidelines, which can minimize the long-term effects of a stroke and even prevent death.

“San Antonio Regional Hospital is committed to improving patient care by adhering to the latest treatment guidelines for stroke,” remarked John Chapman, President and CEO of San Antonio Regional Hospital. “Get With The Guidelines helps our teams by putting proven knowledge and guidelines to work on a daily basis, which studies show can lead to optimal outcomes for those

experiencing a stroke. The end goal is to ensure more people in Upland and surrounding communities lead longer, healthier lives.”

Each year, program participants qualify for the award by demonstrating how their organization has committed to providing quality care for stroke patients. In addition to following treatment guidelines, Get With The Guidelines participants also educate patients to help them manage their health and recovery at home.

“We are incredibly pleased to recognize San Antonio Regional Hospital for its commitment to caring for patients with stroke,” said Steven Messe, M.D., chairperson of the Stroke System of Care Advisory Group and professor of neurology and director of fellowships of neurology at the Hospital of the University of Pennsylvania. “Participation in Get With The Guidelines is associated with improved patient outcomes, fewer readmissions and lower mortality rates – a win for health care systems, families and communities.”

San Antonio Regional Hospital also received the American Heart Association’s Target: Type 2 Diabetes Honor Roll award. Target: Type 2 Diabetes aims to ensure patients with Type 2 diabetes, who might be at higher risk for complications, receive the most up-to-date, evidence-based care when hospitalized due to stroke.

San Antonio Regional Hospital also met specific scientific guidelines as a Primary Stroke Center, featuring a comprehensive system for rapid diagnosis and treatment of stroke patients admitted to the emergency department.

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ABOUT SAN ANTONIO REGIONAL HOSPITAL

San Antonio Regional Hospital in Upland, California is a 363-bed, nonprofit, acute care hospital that combines excellent clinical care with exceptional compassion. The award-winning hospital offers a comprehensive range of general medical and surgical services, along with the latest technological advances in cardiac care, cancer care, orthopedics, neurosciences, women’s health, maternity and neonatal care, and emergency services. Founded in 1907, with only 18 beds and 5 physicians, San Antonio Regional Hospital is continually growing with its community and is now recognized as a premier regional medical facility with satellite locations across the rapidly expanding Inland Empire. Given its broad geographic reach and the depth and breadth of its services and programs, supported by the latest medical science and technology, San Antonio is a hospital of the future, offering state-of-the-art healthcare services in a healing environment focused on the patient and family. To learn more, visit sarh.org.

ABOUT GET WITH THE GUIDELINES®

Get With The Guidelines® is the American Heart Association/American Stroke Association’s hospital-based quality improvement program that provides hospitals with the latest research-based guidelines. Developed with the goal of saving lives and hastening recovery. Get With The Guidelines has touched the lives of more than 12 million patients since 2001. For more information, visit heart.org.